

Spring Break Report 2019



Thanks to your help, this spring...

361

children were provided with a safe haven over break

10,830

meals were prepared from scratch

24,500

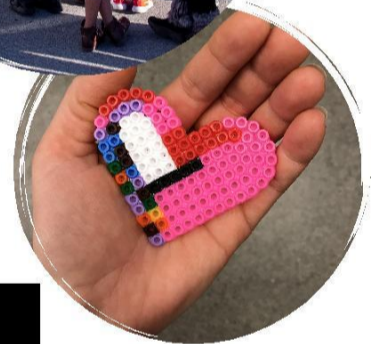
hours of support were provided from caring adults

78

kids were safely transported to and from program

"It's my first time at KidSafe. Some of my friends are here over Spring Break and we can hang out together. We go on cool out trips like rock climbing and we went swimming. And the food was good too!

The people make me feel safe. They are kind and they share. It makes me feel good inside. I feel like I belong somewhere." - Janet, 10 years old



Some of our program activities included...

Art & Culture

- Painting projects
- Mixed media arts
- 'Melly beads' (a favourite of the kids!)
- KidSafe mural

Literacy

- Comic strips
- Word searches
- Story telling
- Fortune tellers
- Poetry

Leadership

- Program helpers
- Helping serve meals
- Older kids supporting the younger children
- Team building

Science & Nature

- Volcanoes
- Scavenger hunts
- Bird feeders
- Nature art

Health & Wellness

- Outdoor play (and making the most of the great weather!) Group games
- Healthy eating and daily nutrition including cooking classes

New site at Hastings!

We were thrilled open our seventh KidSafe site at Hastings Elementary this spring, where we served over 30 children from the local area! This is so important as it means that many of the children are at their own school, in a familiar environment with friends and adults they know and trust.



One of our children shared with us why it meant so much for them:

"It was great coming here because I could meet my friends and that was special."



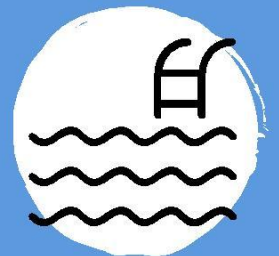
Break highlights

- **Field trips** to Maplewood Farms, Carousel Theatre, The Hive Rockclimbing Gym and glow in the dark bowling at Grandview Lanes!
- **In-service workshops** including Yukon Dan gold panning and Rhythm Resource
- **Delicious daily meals** including cheesy pasta with zesty coleslaw and honey glazed carrots, and homemade pumpkin and banana bread.

"KidSafe bring us to great trips like going swimming two times and I got really better!"

Brothers Kieran, 7, and Jeremy, 6, had very little experience in water, and neither were able to swim. We took trips to the local aquatic centre where Kieran immediately took to the pool like a duck to water and loved pushing himself! Jeremy was much more hesitant and sat on the side but, bit by bit, he started to venture towards the water. By the end of break, he was even splashing with the staff! We can't wait to help develop Jeremy's confidence even further during summer.

Swimming is an essential life skill; it not only builds children's confidence, fitness and teamwork, but it is a treasured childhood memory for many. We are working to provide swimming lessons for our kids as part of our upcoming break programs, which is something that many of our children would otherwise not be able to access. With your continued support, we can make this goal a reality for the children we serve!



THANK YOU!

Without help from generous supporters like you, we wouldn't be provide these crucial and life-changing services for the children we serve. Thank you for helping to make this spring break so special for Vancouver's vulnerable children!

